

Author Guidelines

1. Submission Format

- Submit manuscript as an editable .doc or .docx file
- No strict formatting required at submission
- Include tables, and figures (embedded within the text)
- Ensure all content is clear and readable

2. Manuscript Structure

2.1 Title Page

- Manuscript title
- Full author names
- Institutional affiliations
- Full mailing addresses
- Email addresses

2.2 Abstract

- Maximum 300 words
- Self-contained
- No citations
- Minimum of five key words

2.3 Introduction

- Concise and focused
- No subheadings

2.4 Materials and Methods

- Provide sufficient detail for replication
- Use subsections where necessary
- Cite reused methods
- Declare licenses/permissions
- Note reused wording if applicable
- Clearly state the ethics approval details

2.5 Results and Discussion

May be combined or presented as separate sections.

2.6 Conclusions

State main findings and significance clearly.

3. Supporting Statements

3.1 Data Availability

A statement is mandatory describing data access.

3.2 Conflicts of Interest

Declare all conflicts or state: "The authors declare no conflict of interest."

3.3 Funding Statement

List all funding sources or state: "This research received no external funding."

3.4 Acknowledgments

Optional; include non-author contributions.

3.5 Author contributions

Include details of author contributions.

4. References

- Any style accepted at submission
- Use numbered in-text citations, e.g., [1], [2–4]
- References must be mentioned in order in the final referene list.
- Ensure accuracy and completeness

5. Figures and Tables

Figures

- Include in manuscript
- Provide high-resolution (≥ 300 dpi)
- Use standard formats (JPEG, TIFF, PNG, EPS)
- Number and cite consecutively

Tables

- Number consecutively
- Include titles and units
- Do not use vertical lines

6. Supplementary Materials

Optional additional files; describe each clearly.

7. General Formatting

- Use SI units
- Write dates in full
- Ensure clarity and consistency

8. Ethical and Compliance Notes

- Ensure accurate affiliations
- Obtain permissions where required
- Declare funding and conflicts transparently

9. Additional Recommendations

- Prioritize clarity over formatting
- Ensure completeness before submission
- Check readability of all content